

An aerial photograph showing the edge of a sandy beach on the left, transitioning into clear, turquoise water. The water has a textured, rippled surface. The text 'YANGARO SPA & WELLNESS' is centered in the water area.

YANGARO
SPA & WELLNESS





WELLNESS AT YANGARO



Inspired by the wisdom of nature and the exquisite natural environment of The Great Barrier Reef, the Day Spa at Yangaro embodies a distinct sense of place; a respite from the world; a place to rest, rebalance and renew.

The spa menu has been created from the heart; with your wellbeing and delight at the core of our intention, with a haven of harmonious textures and elements providing a tranquil space for your wellness experience.

Our skilled therapists are 'attendants to mind, body and soul', trained in time honoured customs and specialised techniques that weave a journey of reconnection, health and transformation.

Our organic skincare collection is made in Queensland by Mukti, and harmonises refined luxury with artisanal craft. Each formula is powered by highly concentrated, intelligent blends of the world's most precious, nutrient-rich, organic botanical actives.

Within the spa and clubhouse area, there is a fully equipped fitness centre, change rooms with vichy jet showers, sauna, steam room, cold plunge pool, jacuzzi, swimming pool, tropical outdoor rain showers and a quiet relaxation lounge. These facilities are complimentary with any one hour spa treatment.

We invite you to escape, enrich and enlighten.

SPA TREATMENTS



FACIAL THERAPY - 1 Hour - \$170

HYDRATION FACIAL

Deep Hydration for Dry, Dehydrated & Aging Skin

This facial provides a luxurious hydration boost to the skin by locking moisture into the cellular structure of the skin for a result that rids the skin of dryness, flakiness and fine lines. Juicy plump skin is revealed.

BALANCING FACIAL

Cleansing & Clarifying for Oily, Acne & Congested Skin

Through cleansing, balancing and healing overactive skin activity by restoring the acid mantle, the potent organic ingredients within this facial bring calm and content to problematic complexions.

REJUVENATION FACIAL

Vitamin Boost for Tired, Aging Skin

This facial is designed around the inclusion of Vitamin C, which boosts and regenerates the skin for a journey back to total renewal. The end result leaves your skin restored and refreshed.

CALMING FACIAL

Soothing & Calming for Stressed, Sensitive or Irritated Skin

Restoring skin resilience by reducing sensitivity and soothing redness and irritation is the healing intention of this facial. Skin conditions such as rosacea and eczema are naturally and gently treated with organic ingredients that truly heal and nourish towards restored balance.

FACIAL THERAPY - 1.5 Hours - \$250

AGE DEFIANCE FACIAL

Anti-Ageing, Replenishing & Enriching for All Skin Types

This age defying facial treatment for all skin types infuses the complexion with specific age-defying peptides combined with native botanical extracts that inhibit free radical formation, enhance collagen and elastin production, reduce inflammation and gift the skin with a youthful glow.

VITAMIN BOOSTER FACIAL

Firming, Balancing & Hydrating for Dull, Lacklustre Skin

A multi-tasking must have for all skin types, this facial treatment promotes cell reproduction, a glowing complexion with Vitamin A, increased hydration and balance with Vitamin B and collagen synthesis and brightening with Vitamin C. A complete reawakening for the skin.

BIOACTIVE SYNERGY FACIAL

Hydrating & Balancing for Dull, Lacklustre Skin

Utilising powerful bioactive Australian extracts and clays, this deeply cleansing and vitality restoring treatment improves the skin's natural radiance. The high potency of the synergistic blend of actives deeply renew, refine and regenerate the skin for hydration and balance.

SPA TREATMENTS



BODY THERAPY - 1 Hour - \$180

BODY EXFOLIATION

Cleanse the skin with a luxurious full body exfoliation made of Macadamia Nut, Davidson Plum and Sandalwood Seed extracts to promote a healthier, smoother glow. A wonderful compliment prior to a massage.

RELAXATION MASSAGE

Classic effleurage strokes, rhythmic touch and traditional Swedish techniques relieve tension and fatigue from sore, tired muscles.

REMEDIAL MASSAGE

Firm to deep pressure tames deep seated tension and muscular tightness to promote circulation and assist with freedom from restriction and pain.

WARM STONE MASSAGE

Warm stones and aromatic oils combine to offer a massage of muscle melting proportions. Unwind body, mind and soul with this soothing experience.

MUM TO BE MASSAGE

You're pregnant and you deserve to be pampered and restored to peace, wellbeing and connection during this very special time.

RITUALS OF REFLECTION

WHITEHAVEN DREAM

3 Hours \$500

Body Exfoliation, Relaxation Massage, Spa Facial, Scalp Therapy

This rejuvenating journey begins with an exfoliation massage of Macadamia Nut, Davidson Plum and Sandalwood Seed to revitalize the skin. Once removed, the body is soothed and softened with a nourishing oil massage, before a customized facial restores the complexion to a radiant glow. The end result is complete top to toe rejuvenation.

OCEAN BREEZE

2 Hours \$340

Aromatic Massage, Bespoke Facial, Scalp Therapy

A deeply relaxing ritual that begins with a sensory full body massage to release muscular tension and tightness, which is followed by a bespoke organic facial that renews and reawakens the skin to a healthy radiance.

TROPICAL REBALANCE

1.5 Hours \$260

Hot Stone Back Massage, Quick Glow Facial, Scalp & Foot Therapy

A hot stone back massage works into key areas holding muscular tension, before a quick glow facial feeds vitality into the skin. The ritual is completed with a relaxing and refreshing foot and scalp massage.

SPA TREATMENTS



THERMOTHERAPY

Complimentary when any 1 Hour spa treatment is booked

Enjoy Yangaro's Clubhouse facilities – gymnasium, pool, jacuzzi, dry sauna, steam room, cold plunge pool, change rooms, vichy jet showers, fluffy bath robes and relaxation room.

GROUPS

Available for groups up to 12 guests

Enhance your group celebration with a customized spa and wellness experience, ideal for any special occasion or gathering. Contact our team to explore options in our spa and wellness brochure and let us tailor a package of treatments for your group to enjoy together.

YOUR SPA & WELLNESS JOURNEY



T-7 DAYS:

Choose your treatment and secure your booking with our team.

T-1 HOUR

Arrive to indulge in the Clubhouse Thermotherapy experience.

T-15 MINUTES

Robe up in the relaxation lounge for your spa consultation.

TREATMENT TIME

Begin your personalised treatment.

POST-TREATMENT

Relax and savor the tranquility.

An aerial photograph of a river with clear, turquoise water flowing through a dry, brown landscape. The river is the central focus, with its banks visible on either side. The water has a slight ripple, and there are some small white spots on the surface. The surrounding land is a mix of light brown soil and sparse, dry vegetation.

YANGARO

